WAC JUNIOR MEN RECORDS

U20MEN

OUTDOORS

EVENT	Performance		Name	Venue	Date	
100m	10.61secs	14	Brook Cronin	Kingston	16-Aug-23	
	10.33w	47	Brook Cronin	Lee Valley	29-Jul-23	
200m	20.98secs	07	Brook Cronin	Mannheim, GER	25-Jun-23	
	20.83w	34	Brook Cronin	Jerusalem, ISR	08-Aug-23	
400m	47.68secs		Paul Harmsworth	Crystal Palace	27-Jun-82	
800m	1m 46.84		Matthew McKenna	Watford	21-Aug-24	
1500m	3m 47.61		Matthew McKenna	Loughborough	22-Jun-24	
Mile	4m 19.0		Colin Church	Motspur Park	29-May-65	
3000m	8m 45.59		Tom Jones	Kingston	01-Aug-21	
5000m	14m 50.90		Tom Jones	Birmingham	08-Jun-22	
10000m	31m 29.0		Leslie V Wells	Motspur Park	28-Apr-79	
110HM	14.62secs	18	Philip Kastner	Sportcity	04-Aug-19	
400HM	56.0secs		Chris Woods	Kingston	31-Jul-99	
2000SC	5m 52.56		David Cowan	Crystal Palace	23-Jun-85	
3000SC	10m 00.1		Alex Kilby	Kingston	11-Jul-21	
High Jump	1.94m		Philip Kastner	Chelmsford	13-Sep-20	
Long Jump	7.15m	17	Philip Kastner	Chelmsford	30-Aug-20	
Triple Jump	13.53m		Robin Roach	Motspur Park	1964	
Pole Vault	3.60m		Lawrence Munro	Woking	1 Apr-30 Sep 2001	
Shot	14.13m	6kg	Sam Mace	Walton	05-May-19	
	14.12m	*6.25kg*	*K M Wilkins*	*Motspur Park*	*31-May-58*	
	12.16m	*7.26kg*	*Sam Mace*	*Walton*	*13-Apr-18*	
Discus	42.42m	1.75kg	Sam Mace	Eltham	29-Apr-18	
	38.73m	*2kg*	*Sam Mace*	*Swansea*	*12-May-19*	
Hammer	64.17m	6kg	Sam Mace	Kingston	06-Jul-19	SURREY RECORD
	56.27m	*7.26kg*	*Sam Mace*	*Walton*	*13-Apr-19*	
Javelin	53.66m	800g	Darryl Sheppard	Motspur Park	30-May-70	
WT11.34kg	*18.86m*	*11.34kg*	*Sam Mace*	*Hull*	*13-Oct-19*	
Decathlon	6692		Philip Kastner	Bedford	26-May-19	
4x100m	43.11secs		H.Livesey, O.Brown, A.Cronje, K.Dedewo	Birmingham	17-Aug-25	
4x400m						
4x400m Mixed	3m 55.34		A.Cronje, S.Pinnington Jones U17, J.Stynes, M.McKenna	Carshalton	27-Apr-25	

INDOORS

EVENT	Performance		Name	Venue	Date
60m	6.83secs	i	Brook Cronin	Sheffield	11-Feb-23
200m	21.72secs	i	Brook Cronin	Sheffield	12-Feb-23
400m	50.1secs	i	Paul Harmsworth	Cosford	20-Mar-82
800m	1m 53.75	i	Matthew McKenna	Sheffield	10-Feb-24
1500m	3m 53.36	i	Mark Griffin	Birmingham	14-Feb-93
3000m	8m 50.8	i	Peter Francis	RAF Cosford	18-Mar-72
60HM	8.19secs	i	Philip Kastner	Lee Valley	15-Dec-19
High Jump	1.83m	i	Philip Kastner	Sheffield	06-Jan-19
Long Jump	6.98m	i	Philip Kastner	Sheffield	04-Jan-20
Triple Jump	12.12m	i	Luc Balayer	Carshalton	10-Mar-24
Pole Vault	3.93m	i	Philip Kastner	Sheffield	04-Jan-20
Shot 6kg	13.92m	i	Philip Kastner	Sheffield	04-Jan-20
Heptathlon	5165	i	Philip Kastner	Sheffield	05-Jan-20

ROAD

5K	15m 11	Alex Kilby	Douglas, IOM	17-Apr-22
10K	31m 23	Alex Kilby	Battersea Park	11-Dec-21

PARKRUN

Parkrun	15m 49	Alex Kilby	Brooklands	02-Jul-22

Updated **17-Aug-25**